

## **Activity-I**

**Title : International Women's Day**

**Date : 8 March, 2015**

**Time : 11.00 to 1.10 pm**

**Venue : College Grounds/ Joseph's Hall**

**Coordinator : Mrs Esther Ratnam and Dr Sangeetha M**

**Resource Person : Dr. Krupa Patalay**

**Target Group : U.G and P.G Students ( Girls) of St Joseph's College**

**About the Activity : The Women's Empowerment Cell** of St. Joseph's under the aegis of the **Convener Dr. Sangeetha**, organized a wholesome and a unique kind of Women's Day Celebrations on 8 March, wherein the boys too zestfully lent their voices in support of the woman's cause, to mark The International Women's Day, The Day's program began with **Pledge-taking by the boys of both UG and PG classes to uphold the dignity and respect of all women**. After that the celebrations started at 11:10 where the **boys formed a human chain** in the ground and dedicated a skit **He For She** in support of stopping violence against women. As the campus reverberated with male voices shouting slogans on **Right to speech, opportunities and freedom for women**, it certainly brought smiles on the faces of the girls. The sequel to this came in the form of a **flash mob by the girls of our college, highlighting the life transitions of a girl**.

The formal program was inaugurated with the auspicious lighting of the lamp, followed by the student coordinator of the cell, **Ms. Anusha Francis 's presentation of the Women Empowerment Cell's objectives, past activities and future plans**.

Seeking true empowerment for the girls ,a health awareness session was organized in collaboration with **The Gynaec and**

**Obstetrics society of Hyderabad, wherein Dr. Krupa Patalay equipped the girls with A to Z awareness about health issues faced by girls**, including tips on healthy diet, weight management and hygiene. The talk also included alerts on sexual abuse, Aids awareness and unhealthy relationships. Also a Q&A segment was arranged where the girls wrote their queries on chits and Dr Patalay addressed their concern.

This was followed by an **activity conducted by the counselor Dr.Suman Roy on empowerment of the mind.**Next was the **‘I am Malala’**

**segment** where Malala Yousufzai’s Nobel Prize acceptance speech was highlighted to laud her bravery and resolve.

**Photos:**







