

ST. Joseph's Degree & PG College

Autonomous- Affiliated to Osmania University
Re-Accredited by NAAC with 'A' Grade
King Koti Road Hyderabad

Psyched club 2020-2021

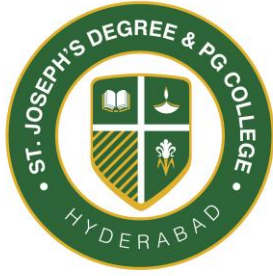
Date: 4th September, 2020

Venue: G-Meet (Virtual)

Core Committee elections was the central topic of discussion. Interested students gave their names for nominations for various positions. Interested students were asked to write down the reason for standing for a position, and the contributions they want to give to the Club, in 3-4 lines and mail it to the CR. Existing Core Committee members can also apply

Suggestions and Ideas –

- Plans for 'Suicide Prevention Month' and 'Literacy Day' were discussed.
- A Google Classroom can be created exclusively for Psyched Club activities, discussions, meetings and happenings.
- Shreya - As an activity, psychological thrillers can be watched and later discussed in club meetings about how accurately the the mental disorders were portrayed in the film; increases interaction and provides a better understanding of mental disorders.
- Further discussions about Club activities will be held either on Saturdays or on weekdays after 1PM.
- Professors expect the members to work together with understanding and acceptance, expressing the spirit of Psychology students.



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Psyched Club Core-Committee:

Date: 7th September, 2020.

Venue: G-Meet

The Psyched Core Committee Nominations were announced on Friday, 4th September, 2020, following which the election and selection process took place. The results were declared on 7th September, 2020, by the **Convener of the club**, Mrs Amtul Fathima, HOD of the Psychology Department, St Joseph's Degree and PG College, in consent with the

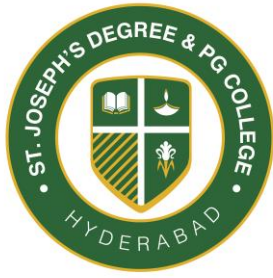
Co-Convener Ms Azra Jahan.

The Core-Committee members of Psyched Club, 2020-21 are as follows: -

1. Convener: Mrs Amthul Fathima
2. Co-Convener: Ms Azra Jahan
3. President: Yamini Mahalakshmi
4. Vice President: Naga Chandana
5. Secretary: Sidrah Fatima
6. Advisors: M Ashresh, Muskan Lalani, Amulya

Heads and Sub-heads –

1. Reporting Department – Head: N S Malathi Sub-head: Nabeela Nashat Afra
2. Social Media Department – Head: Ishwari Afzalpuri Sub-head: Crescence D Souza
3. Logistics Department – Head: Shravani and Shreya Soundarya, Sub-head: Ruchika Malaika
4. Photography Department – Head: A Shreyanjali, Sub-head: Saad Bawaseer
5. Cultural Department – Head: Evita Francis, Sub-head: Akshita Rayudu



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6. Creative Department – Head: Rakhi Jha Sub-head: Nikitha Srivastava

The club will work together with understanding and acceptance, expressing the spirit of psychology students. The core-committee has started planning the schedule for the year 2020-21, and further events are to be planned in future meetings.



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Critical Analysis and discussion of 'Black Swan' screening:

Date : 10th November, 2020.

Venue: G-Meet

The meeting commenced with the host, Nirnitha giving a brief synopsis of the film to be discussed.

BLACK SWAN (2010)

Synopsis: Nina (played by Natalie Portman) is a driven ballerina who is pursuing the lead role in 'Swan Lake'. Another ballerina, Lily (played by Mila Kunis), however, enters the scene to compete with Nina for the lead role. The movie explores their rivalry, friendship, and Nina's descent into the dark end of a relationship.

This psychological thriller not only explores the effects of stress and pursuit of perfectionism on a person's functioning, but it also sheds light on family dynamics, personality disorders, anxiety, drug use, and psychosis, among other psychological conditions.

Primary Psychology Topics Explored: Psychotic disorders, family dynamics, social psychology, stress response.

Post giving a brief synopsis, Nirnitha left the stage open for discussion. There was active participation from all the participants, who proceeded to discuss about the portrayal of various psychological disorders, such as identity crisis, pressure of comparison, peer pressure, performance stress which finally led the protagonist to slip into schizophrenia and hallucinations.

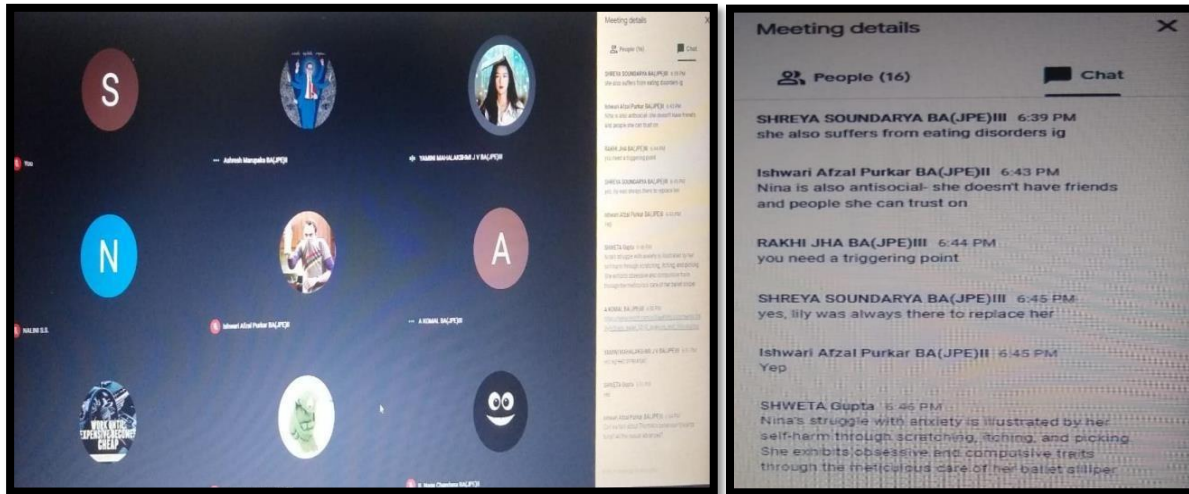
As the meeting progressed, participants started to share the points or scenes to which they related themselves to the most, which led to them share their personal life experiences.

A brief talk with a focus on topics like drug abuse and self-destructive behaviors too was held in the process. With a promise to hold many such critical debates and discussions in the future months, following an interactive 90 minutes discussion.

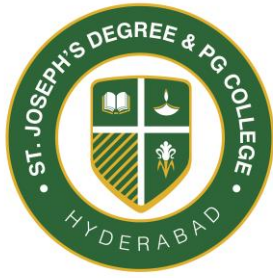


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Critical Analysis and discussion of 'Black Swan' screening, 10th November 2020.



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