**ST. JOSEPH’S DEGREE & PG COLLEGE**

(Autonomous), Affiliated to Osmania University

Re-Accredited by NAAC (3rd Cycle) with B++

 King Koti Road, Hyderabad

**Faculty Profile**

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| Name | B. SUMANA  |
| Designation | Assistant Professor |
| Qualification | M.A (Ph.D.) (Psy) |
| Mail-Id | bsumana@josephscollege.ac.in |
| Experience | 11+ (7months in house) |
| * Awards & Rewards
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| Membership Details | --- |
| Paper Publications | * **Psychological factors as a cause of Unexplained Infertility- A Descriptive Analysis:**  UGC Approved Journal DESH VIKAS Volume: 4 Issue : 3 (No. 44701: RNI:APENG/2014/57359)
* “**The Relationship between Psychological Skills and Sport Confidence among High School Students.** International journal of Health, Physical education and Computer Science in Sports (ISSN 2231-3265)
* **“Qualitative Study on Professional challenges to counseling practice in primary & secondary schools in Hyderabad city”** during International Multidisciplinary Conference Osmania University. Hyderabad.(ISBN 978-1-926488-56-1)
* **“Comparative study on life stress, optimism and life satisfaction among high school students”** during National Conference on Challenges of Contemporary Life- Role of Positive Psychology
 |
| Book Publications | * Authored three experiments for B.A. II Year Sem III Psychology Practical manual—Dr. B.R. Ambedkar Open University Hyderabad
* Translated fifteen units from English to Telugu for B.A. Psychology Courses —Dr. B.R. Ambedkar Open University Hyderabad
 |
| Paper Presentations | * “**The Relationship between Psychological Skills and Sport Confidence among High School Students.** International journal of Health, Physical education and Computer Science in Sports (ISSN 2231-3265)
* **“Qualitative Study on Professional challenges to counseling practice in primary & secondary schools in Hyderabad city”** during International Multidisciplinary Conference Osmania University. Hyderabad.(ISBN 978-1-926488-56-1)
* **“Comparative study on life stress, optimism and life satisfaction among high school students”** during National Conference on Challenges of Contemporary Life- Role of Positive Psychology
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| Refresher Courses/ Seminars/ FDP’s/ FOP’s/ Conferences/ Workshops/Webinars Attended | * Resource person for a live talk show on the topic **Adolescent Well-being** as women’s day special event, 8th March 2022- organized by Vasavi high school, Nirmal
* Conducted one day seminar on **PSYCHOLOGY OF SUCCESSFUL ENTREPRENEURSHIP** on 09th February 2022- organized by IIC of St. Joseph’s Degree & PG College, Hyderabad
* Conducted one day workshop on **Interpersonal skill development** for non- teaching staff on 27th November 2021- organized by IQAC of St. Joseph’s Degree & PG College, Hyderabad
* Participated in one day online FDP on **student centric methods and its documentation** ON 19th April 2022 - Dept. of commerce and IQAC, St. Joseph’s Degree and P.G college
* Participated in seven days online FDP on **NATIONAL EDUCATION POLICY-2020** ON 9th-16th February 2022- IQAC St. Joseph’s Degree and PG College, Hyderabad
* Participated in seven days FDP on **EXPLORING DYNAMICS IN CLASSROOM-NEP AND NAAC PERSPECTIVE**  from 20th to 28th January,2022—IQAC of St. Pauls College- Bengaluru
* Participated in five day FDP **on RESEARCH TRENDS AND QUALITY ENHANCEMENT SKILLS FOR TEACHING** from 17th to 21st January,2022—REVA UNIVERSITY

 * Participated national workshop on **APPLICATION OF RESEARCH METHODOLOGY IN MANAGEMENT AND SOCIAL SCIENCES** from 22nd -26th January, 2022-IPREMS
* Participated one day online workshop on **NAAC & NBA ACCREDITATION** 14th November,2021- EDUCORP
* Attended online webinar on **MINDFULNESS BASED COGNITIVE BEHAVIOUR THEARPY** on 16th January, 2022- Psycho Waves

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| Consultancy Services |  |