



# St. JOSEPH'S DEGREE & PG COLLEGE

(Autonomous), Affiliated to Osmania University

Accredited by NAAC with B++ Grade

King Koti Road, Hyderabad

## Department of Commerce

**Name of the Event:** Time Management and Goal Setting

**Objective of the Event:** To acquaint the students about the importance of Time Management, also to be focused and specified on their Future Goals.

**Outcome of The Event:** At the end of the session the students were able to learn the techniques of time management and how to be focussed to achieve their goals.

**Date & Time:** 11th & 12th July 2022, 8:30 AM- 1 PM

**Platform:** Google Meet

**No. of Participants:** B.com 2nd & 3rd year students (All programs)

**Name & Designation of Faculty:** MS. Simran Jain, Assistant Professor.

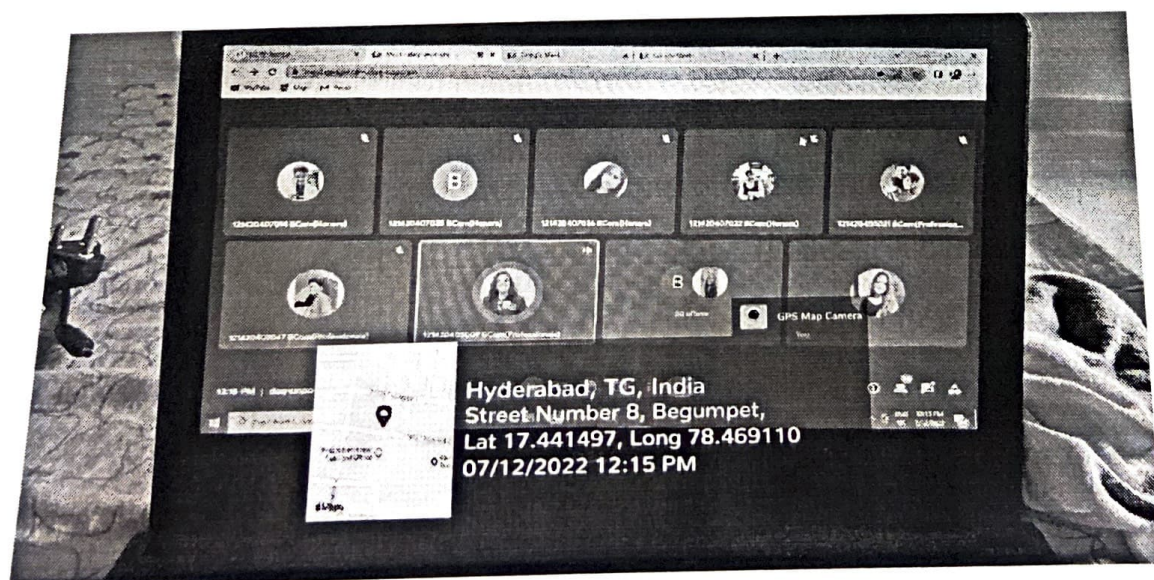
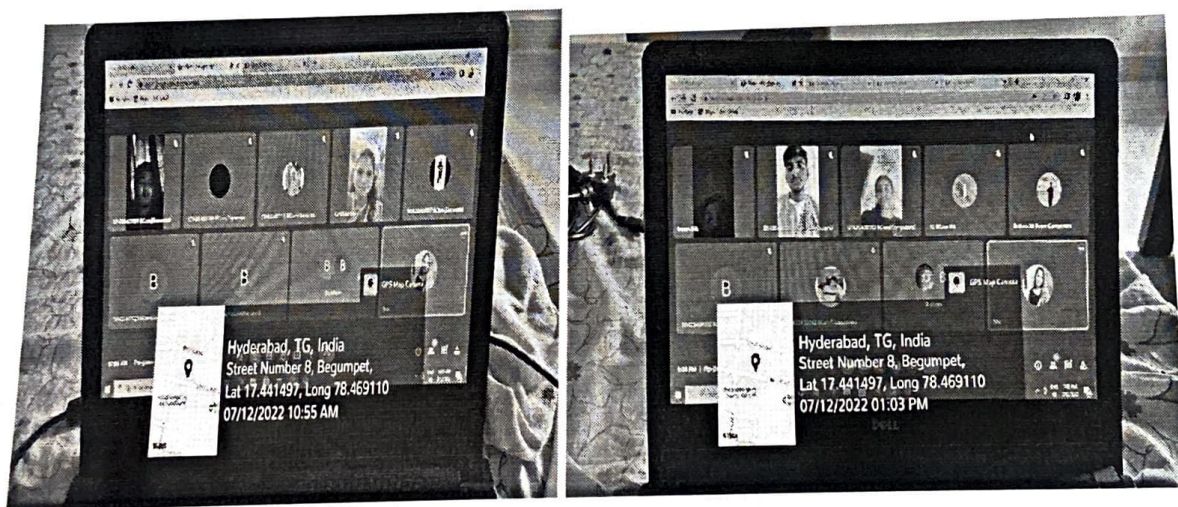
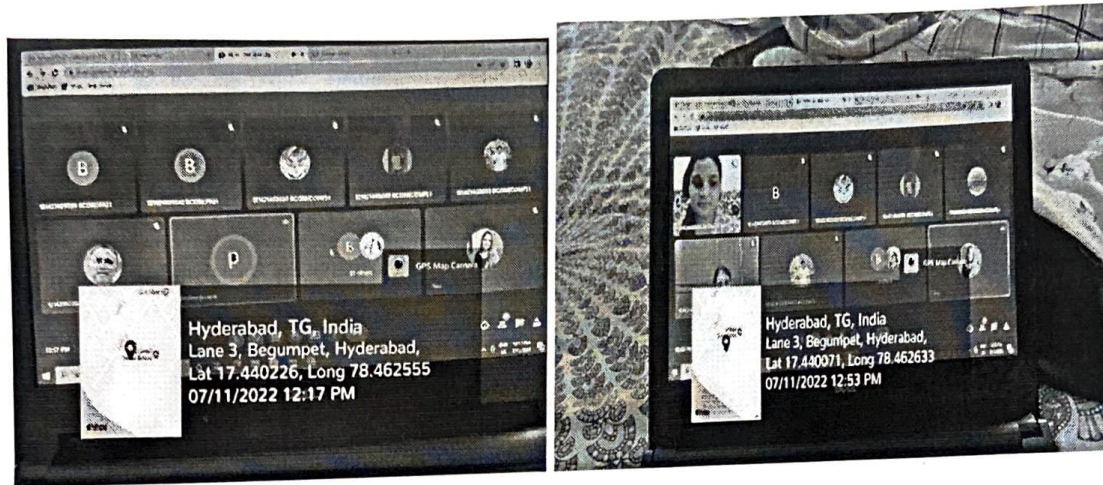
**A Brief Report:** Time Management and Goal Setting was organised by the Department of commerce for the students of B.COM 2nd & 3rd year to understand the importance of time management and goal orientation on their career building path. The program was started with the introduction session between the faculty and students followed by the discussion on the following:

1. How to manage their time most effectively.
2. Time blocking technique of time management.
3. Examples of some famous personalities like Elon musk.
4. POMODORO Technique of time management.
5. How to give pause to their overthinking.
6. Chart method for planning.
7. Habits to be improve to achieve the ultimate Goal
8. Improvement in the will power.



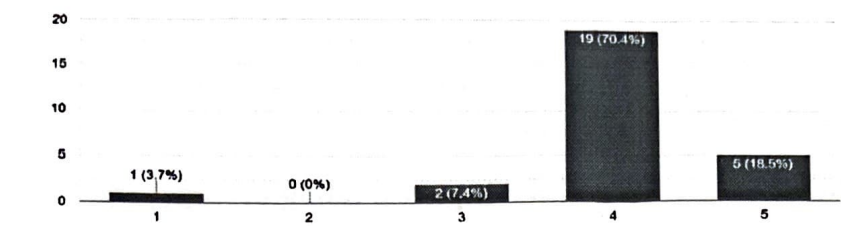
Some students came up with the different innovative ideas for managing the time and how to be focus on achievement of their goals. Various techniques on time management, day to day habits and to be focussed on their goals were taught by the faculty.

### Photographs:

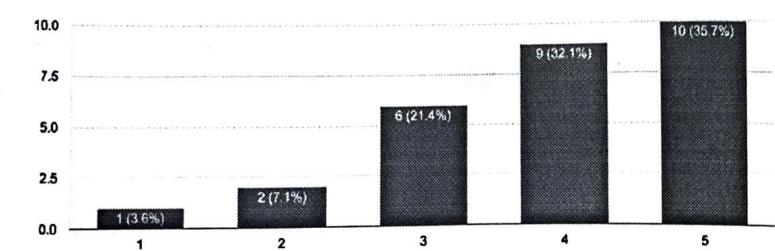


# Feedback of 2nd Year students:

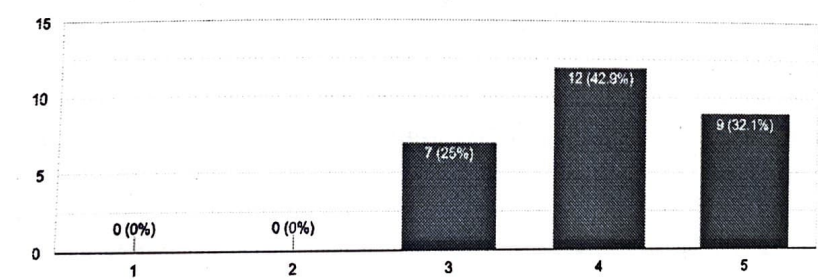
1. How relevant was the content discussed by the speaker ?  
27 responses



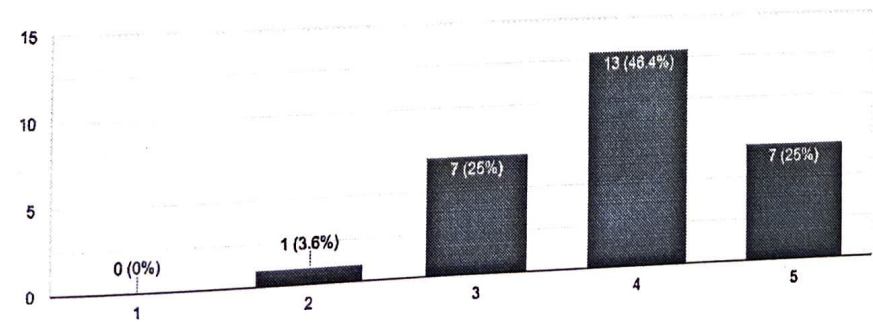
2. Did you find the session interesting ?  
28 responses



3. Overall Effectiveness of the Speaker  
28 responses



4. Rate the overall session  
28 responses



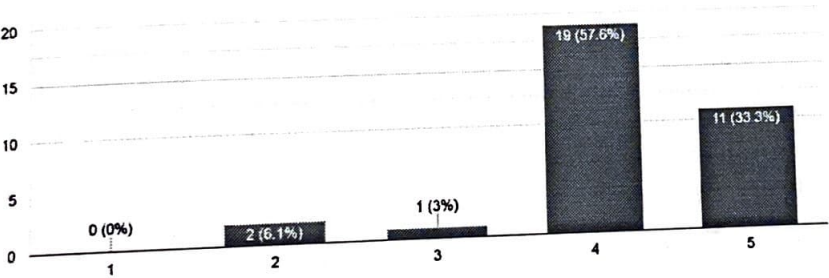


**Feedback analysis:** The Feedback analysis of the Orientation program conducted on Time management & Goal setting for B.Com 2nd Year students shows:

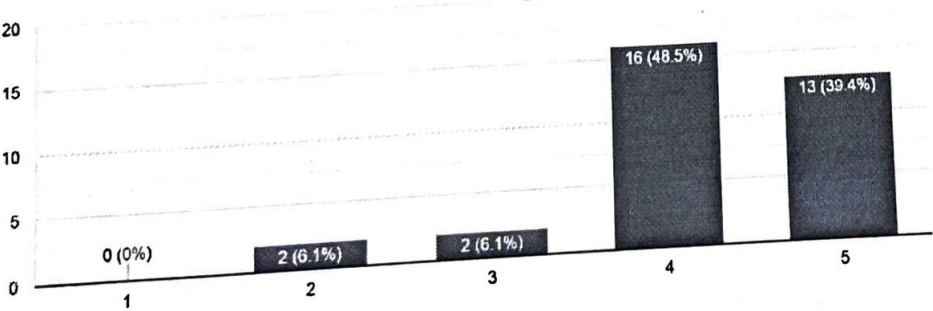
- **Relevantancy of the content:** 89.5% of the students gave rating between 4 to 5 points.
- **Interesting topic:** 70% of the students gave a rating between 4 to 5 points.
- **Effectiveness of the speaker:** 75% of the students gave a rating between 4 to 5 points.
- **Rating of overall session:** 71% of the students gave a rating between 4 to 5 points.

**Feedback of 3rd Year students:**

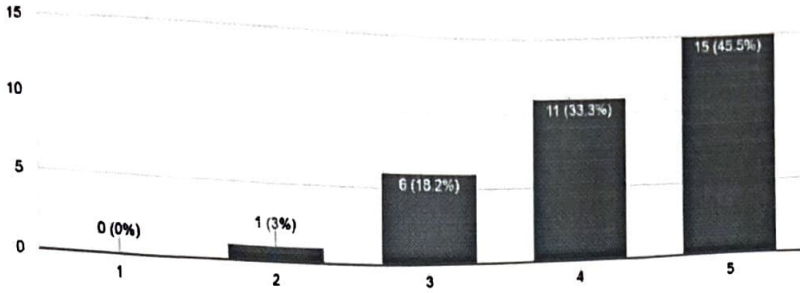
1. How relevant was the content discussed by the speaker ?  
33 responses



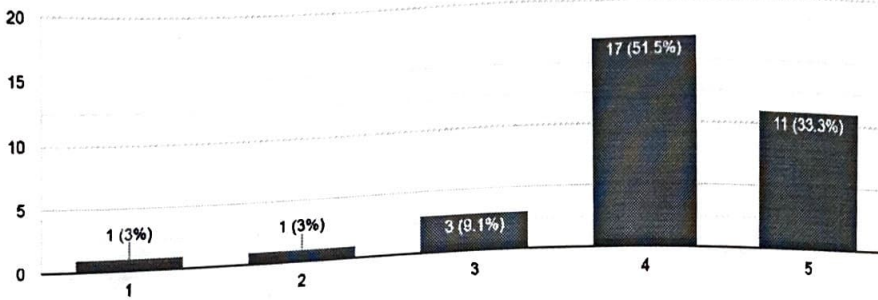
2. Did you find the session interesting ?  
33 responses



3. Overall Effectiveness of the Speaker  
33 responses



4. Rate the overall session  
33 responses



**Feedback analysis:** The Feedback analysis of the Orientation program conducted on Time management & Goal setting for B.Com 3rd Year students shows:

- **Relevantancy of the content:** 90% of the students gave rating between 4 to 5 points.
- **Interesting topic:** 87% of the students gave a rating between 4 to 5 points.
- **Effectiveness of the speaker:** 80% of the students gave a rating between 4 to 5 points.
- **Rating of overall session:** 84% of the students gave a rating between 4 to 5 points.

Principal  
ST. JOSEPH'S DEGREE & P.G. COLLEGE  
King Koti Road, Hyderabad-500 029