

ST. JOSEPH'S DEGREE & PG COLLEGE

(Autonomous), Affiliated to Osmania University Re-accredited by NAAC (3rd Cycle) with B⁺⁺ Grade King Koti Road, Hyderabad

SEMESTER I BA GENERAL PSYCHOLOGY DSC

Course Code: GP-1-PY-22T Course Objectives:

To gain knowledge of various concepts of basic psychology, sensation and attention, perceptual processes & apply the concepts of motivation and emotion in day-to-day life.

Course Outcomes:

By the end of the course, the students will:

CO1	Be able to understand various schools, methods, the scope and the concept of biological basis of behavior using the knowledge to maintain harmony between body and mind to achieve perfect mental health.
CO2	Be able to apply the knowledge of attention and sensation in many kinds of social interactions
CO3	Identify the principles of perceptual organization in day-to-day life. Also develops an understanding of their emotions and incorporate goal setting behavior.
CO4	Apply the knowledge on how Forgetting and other related aspects affect memory in day- to-day life.
CO5	Identify various theoretical learning processes and arrange the concept of Intelligence, determinants & Intelligence tests

SEMESTER II BA

THEORIES OF PERSONALITY AND ASSESSMENT

DSC

Course Code: TPA-1-PY-22T

Course Objectives:

To become familiarize with the major models and traditions related to the study of personality and personal growth with a specific set of criteria that can be used to evaluate any theory of personality. **Course Outcomes:**

By the end of the course, the students will

CO1	Interpret the concept of Personality, its determinants & approaches.
CO2	Get acquainted with Trait and Types of personality.
CO3	Discuss & Learn Approaches related to cognitive and Humanistic Areas.
CO4	Be Demonstrated on different kinds of psychological tests & and their uses
CO5	Demonstrates Psychological assessments and their uses & learn to distinguish between verbal and non-verbal tests and their applications

SEMESTER – II BASICS OF EXPERIMENTAL PSYCHOLOGY-I DSC

Course Code: TPA-1-PY-22P

Objectives:

- To teach students about understanding behavior through experimentation in laboratory
- To train the students to analyze and report the data from experiments and see its relevance to the phenomenon

Course outcomes

By the end of the course, the students will:

CO1	Students will be able to understand concepts of experimental psychology,
	methods and experimental control techniques
CO2	Analyze and apply different experimental tests and can interpret assessment
	procedure

SEMESTER III BA SOCIAL PSYCHOLOGY

DSC

Course Code: SP-3-PY-22P

Course Objectives:

• To provide a basic Skill and understanding of how social psychologists think about and study human behavior& to encourage reflection about the application of social psychological research and how it might be used to solve real-world problems and even help understand situations we actually encounter in everyday life.

Course Outcomes:

By the end of the course, the students will

CO1	Learn about the Introduction and characteristics of social psychology.
CO2	Develop an understanding on attitudes and prejudice.
CO3	Interpret the Distinctive features of Attitudes and pro-social behavior.
CO4	Demonstrate an understanding on the types, dynamics of groups & theoretically Interpret concept of leadership, traits of a leader & types of Leadership.
CO5	Develop an understanding on different cultures, cultural identities and effects of migration

SEMESTER – III BASICS OF EXPERIMENTAL PSYCHOLOGY-II DSC-3

Course Code: EP-3-PY-22P

Objectives:

- To teach students about understanding behavior through experimentation in laboratory
- To train the students to analyze and report the data from experiments and see its relevance to the phenomenon

Course Outcome:

At the end of this course students will be able to:

CO1	Describe the Importance of Statistics, Data Collection, Frequency Distribution &
	Scales of Measurement.
CO2	-Apply meaning and computation of Mean, Median Mode, Average Deviation &
	Standard Deviation.
CO3	-Analyze & apply different experimental tests and can interpret the assessment
	process

SEMESTER IV

BA

ABNORMAL PSYCHOLOGY

DSC

Course Code: AP-4-PY-22T

Course Objectives:

This course aims to make students understand:

To gain knowledge about the **study** of abnormal thoughts and behavior in order to interpret, and describe & develop the skill to classify various disorders according to their symptoms.

Course Outcomes:

By the end of the course, the students will

CO1	Identify abnormal thoughts and behavior through the historical and modern thoughts according to DSM.
CO2	Distinguish between various anxiety Somatic & Personality disorders according to their symptoms.
СО3	Analyze schizophrenia, major mood disorders & its treatments.
CO4	Appraise different developmental disorders & treatments of disorders & can work in the field of abnormal psychology.
CO5	Apply Knowledge related to different types of treatment for disorders and preventive measures

SEMESTER IV

BA EXPERIMENTATION ON BEHAVIOURAL PHENOMENON

DSC

Course Code: EBP-4-PY-22P

Objective: To enable the students to learn concepts of Psychology through demonstration and to train the students on different statistical analysis.

Course Out-Comes:

At the end of this course students will be able to

CO1	Describe the concept of Sampling, Hypotheses, Type I & II Errors & t distribution.
CO2	Apply the meaning and computation of different methods of Correlation and gain knowledge on different Psychological Tests
CO3	Analyze & apply different experimental tests and can interpret the assessment process

SEMESTER – V

B.A (U.G) COMMON CORE SYLLABUS

SEC-1: LIFE SKILLS

Course Code: LF-5-PY-22T

Course Objective: To orient and equip students on various life skills that will enable them to understand self and others.

Course Outcomes:

At the end of this course the students will be able to

CO1	-	Define Life Skills, Nature of Life Skills and Views of WHO & UNESCO on Life Skills
CO2	-	Classify different core aspects of life skills related to Time Management, improving Communication Skills, Interpersonal Relationships etc.

$\mathbf{SEMESTER} - \mathbf{V}$

B.A JPE

SEC-2- Applications of Psychology in Professional Settings

Course Code: AP-5-PY-22T

Course Objective: To introduce to the students the significance of Psychology and its application in various settings of life.

Course Outcomes:

At the end of this course the students will be able to

CO1	Define the nature and Scope of Psychology, and characteristics and different branches of psychology
CO2	Classify different types of professional settings which are necessary to develop professional ethics in life.

SEMESTER - V

B.A JPE GE (GENERIC ELECTIVE)

STRESS MANAGEMENTAND WELL- BEING

Course Code: SM-5-PY-22T

Course Objective: To understand the main symptoms and sources of stress and learn ways of coping with stress to enhance well- being.

Course Outcomes:

By the end of the course the student will

CO1	Understand the concept of stress & various factors causing stress.
CO2	Develop the knowledge of adaption to stress, types of stress and stress related diseases.
CO3	-Discover methods of reducing stress and different types of well-being
CO4	-Analyzes strategies of stress management & Prevention
CO5	-Apply various Altering bodily reactions & relaxation techniques to reduce stress

SEMESTER - V

B.A JPE GE (GENERIC ELECTIVE)

PSYCHOLOGICAL COMPETENCIES

Course Code: PC-5-PY-22T

Objectives:

To help students understand the importance of enhancing psychological competencies for better living

Course Objectives:

By the end of the course, the students will

CO1	Learn about the concept of self-awareness and goal setting behavior.
CO2	Develop an understanding on emotional & stress management.
CO3	Apply & demonstrate the features of communication & listening skills.

CO4	Gain knowledge on problem solving & decision-making skills.
CO5	Demonstrate hands on experience on decision making and problem-solving skills

SEMESTER V

BA

CHILD PSYCHOLOGY

DSE

Course Code: CP-5-PY-22T

Course Objectives:

This course aims to make students:

Familiarize the students with the concepts of developmental psychology, importance of developmental psychology & work in the field of Developmental psychology, to develop the skill to understand physical and psychological development from conception to death.

Course Outcomes:

By the end of the course, the students will

CO1	Identify the concepts of developmental stages & importance of child psychology.
CO2	Understands the stages of child development and hazards
CO3	Apply an understanding on various cognitive and language development.
CO4	Examine various developmental characteristics related to emotional & moral development.
CO5	Apply an understanding on various characteristics related to personality and social development

SEMESTER – V

B.A (U.G) COMMON CORE SYLLABUS

DSE

EDUCATIONAL PSYCHOLOGY (DSE-)

Course Code: EP-5-PY-22T

Objectives:

-Appreciate the need and importance of study of educational psychology in understanding,

analyzing and interpreting the development of learner.

-Explore the possibilities of an understanding of processes in human cognition as basis for designing learning environments and experiences at school.

Course Outcomes:

By the end of the course, the students will

CO1	Understands the importance of educational psychology, student diversity.
CO2	-Analyses the nature of classroom communication &students with special needs.
CO3	-Apply an understanding on Classroom Management and Learning Environment.
CO4	Examine various Complex Thinking and Planning Instruction.
CO5	-Analyze different types of students with special needs

SEMESTER – V

(CORE COURSE PRACTICUM -5) PSYCHOLOGICAL TESTING-I

Course Code: PT-5-PY-22T

Course Objective: To enable the students to learn concepts of child and educational psychology through psychological Testing.

Course Outcome:

By the end of this course, students will be able to

CO1	Apply and interpret practical application of assessment tools and also gain proficiency in
	understanding testing principles

SEMESTER VI

BA ADOLESCENT PSYCHOLOGY DSE

Course Code: AP-6-PY-22T

Course Objectives:

This course aims to make students understand:

To familiarize students about adolescent psychology & make them understand various adolescent issues & the effects of puberty their behavior.

Course Outcomes:

By the end of the course, the students will

CO1	Recognize various stages of human development and physical development of adolescence.
CO2	Classify the cognitive and moral developmental tasks during adolescence.
CO3	-Apply the concept of emotional and social development during adolescence.
CO4	-Be able to distinguish between development of self-identity and personality development.
CO5	Distinguish between various physical and psychological health issues, drug abuse delinquency educational issues and vocational choices

SEMESTER – VI

BA JPE

HEALTH PSYCHOLOGY

DSE

Course Code: HP-6-PY-22T

Course Objectives:

- To help students understand the spectrum of health and illness for better health management
- To help students gain insight into mind-body relationship

Course Outcomes:

By the end of the course, the students will

CO1	Understands the mind body relationship & different models of health behavior.
CO2	Identifies the scenario of health care systems & growth of health psychology.
CO3	Examines different types of chronic illnesses & its management.
CO4	Distinguish between various Health Compromising behavior & patient-provider communication.

CO5	Apply knowledge on various concepts of gender, socio cultural factors and health
	promoting programs

SEMESTER – VI

(CORE COURSE PRACTICUM -6): PSYCHOLOGICAL ASSESSMENT

Course Code: PA-6-PY-22T

Course Objective: *To enable the students to learn the tests related to areas of adolescent and health psychology.*

Course Outcome:

By the end of this course, students will be able to

CO1	Apply and interpret practical application of assessment tools and also gain proficiency
	in understanding testing principles

SEMESTER VI

Research Methodology & Project Work (PR)

Course Code: RM & PR-6-PY-22P

Course Objectives:

To familiarize students with basic knowledge of research process and develop an understanding of various research design and sampling methods for taking up project work.

Course Outcomes:

At the end of the course, students will be able to

CO1	-Understand various methods of research process, research problem, variables and hypothesis
CO2	Analyze the frame work of research design and research report writing report writing